

# — GOING FROM — ***POINT A TO POINT B***

The No-Nonsense Guide To Setting Goals  
So You Can ***Achieve Anything In Life***



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## INTRODUCTION

Have you set important goals for yourself only to let them slowly slip away? How many New Year's resolutions have you made? How many have you actually kept? If you're like most people, when you think about it, you won't like the answers to those questions. I actually know people who don't have goals. They just go about their lives from day to day thinking, "This is my life. This is what I have to do. I may not like it, but I can't change it." It's definitely time for you to make a change for the better.

Ultimately, you are the only one who CAN change it. You hold all the cards. Of course, life can always hand you a "trump" card now and then, but if you have strong, realistic goals, you can get over the results of that trump card and move onto a wonderful, fulfilled person.

Life without goals is kind of like a ball on a Pin Ball machine. You give it a push and it bounces all over the place. It has highs and lows and big scores and low ones. It doesn't do what it wants. It just bounces back from hitting other things. The other things seem to be in more control than the ball. When the ball does finally go through the bottom it doesn't return. You don't want to let your life be that way. You don't want to just wander around letting other things push you around and into your grave. You need to fight back. You need to have good goals.

## WHY IT'S IMPORTANT TO SET GOALS



Goals are important in life for many reasons. Here are a few:  
Below are 6 key reasons why setting goals is so important:

- **Helps you envision your future**—Where will you be in five years? Where would you like to be? If you don't know, how are you going to get there? You're working and working, going through life every day, and struggling to work for what everyone else wants. Doing what your boss says, listening to your friends, moving on as quickly as you can to nowhere.

Setting goals helps you verbalize what YOU want for a change. It gives you an opportunity to start working toward something that is going to make YOU happy. Do you actually like your job? You'd